



ISOTONIX ESSENTIALS™ ANTI-AGING



ANTI-AGING

A custom formula designed for Anti-Aging¹. Features a dynamic blend of antioxidants¹, botanicals and minerals.

Isotonix ESSENTIALS™

A Isotonic-Capable Dietary Supplement
30 – 0.47 oz. (13.3 g) Packets
Net weight: 14.1 oz (399 g)



Supplement Facts		
Serving Size: 13.3 g		
Serving Per Container: 30		
	Amount Per Serving	% Daily Value*
Calories	25	
Total Carbohydrates	6	
Total Sugar	6	**
Includes 5 grams Added Sugar 11%		
Vitamin A (1 and 20% of Beta-Carotene)	657 mcg RAE	73%
Vitamin C (Ascorbic Acid)	210 mg	233%
Vitamin D3 (Cholecalciferol)	140 mcg (5600 IU)	700%
Vitamin E (D-Alpha Tocopheryl Acetate)	17.1 mg	114%
Vitamin K2 (Menaquinone-7, 45 mg)	45 mcg	38%
Thiamin (Vitamin B1)	6.5 mg	542%
Riboflavin (Vitamin B2)	9.8 mg	754%
Niacin (as Niacinamide)	20 mg NE	125%
Vitamin B6 (Pyridoxine HCl, Pyridoxal-5-Phosphate)	22.8 mg	1341%
Folate (naturally occurring [as (6S)-5-methyltetrahydrofolate acid, glucosamine salt, Quatrefolic [®]])	486 mcg DFE	122%
Vitamin B12 (Methylcobalamin)	11 mcg	458%
Biotin	225 mg	7500%
Pantothenic Acid (D-Calcium Pantothenate)	12.5 mg	250%
Calcium (Lactate, Carbonate, Sulfate)	132 mg	10%
Iron	10 mg	56%
Iodine (Potassium Iodide)	100 mcg	67%
Magnesium (Carbonate, Lactate)	150 mg	43%
Zinc (Lactate)	7.5 mg	68%

Selenium (Methionine)	20 mcg	36%
Copper (Gluconate)	100 mcg	11%
Manganese (Gluconate)	.5 mg	22%
Chromium (Arginate, Nicotinate, Picolinate)	228 mcg	651%
Molybdenum (Sodium Molybdate)	25 mcg	56%
Sodium (Bicarbonate)	45 mg	2%
Potassium (Bicarbonate, Chloride)	390 mg	8%
Coenzymes Q10	60 mg	**
Carnitine (Tartate)	20 mg	**
Lipase	5 mg	**
Boron (Citrate)	2 mg	**

* Percent Daily Value is based on a 2,000 calorie diet.

** Daily Value not established.

† SunActive™ Fe¹

‡ Quatrefolic[®] is the registered trademark of Gnosis S.p.A. and is protected by U.S. Patent No. 7,947,662.

Other Ingredients: Fructose, citric acid, malic acid, maltodextrin, lemon juice powder, orange fruit juice, silicon dioxide, rebaudioside A (stevia leaf), passion fruit flavor, raspberry flavor, orange flavor, mango flavor, La Han (fruit) extract, calcium sulfate, lemon flavor, apple fiber, beet root powder, black cherry flavor, glucose, french vanilla flavor, stevic acid and lime flavor.

BENEFITS*:

- Helps maintain cardiovascular health
- Promotes muscle health and strength
- Helps with energy and stamina
- Helps support brain and cognitive health
- Provides a strong antioxidant defense
- Helps maintain bone health

COGNITIVE HEALTH • ANTIOXIDANT DEFENSE • SKELETAL HEALTH*

Isotonix Essentials™ Anti-Aging is an all-in-one formula made to support adults on the go. Living your life to the fullest may take additional support. This formula contains a blend of select nutrients designed to support support healthy aging and vitality.¹ Isotonix products have been carefully formulated to deliver nutrient dense solutions which move from the stomach into your intestine in a fast, controlled way. And they're buffered to resist nutrient degradation and to be gentle on your system.

Directions for use: Pour contents of packet into a cup. Add 8 fl. oz of water into the cup and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of water and powder are used.

Who should take this product? Anyone who looking for ways to support their health through anti-aging supplementation.*

*These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.

Warning: If you are currently using any prescription drugs, have an ongoing medical condition or are pregnant or breastfeeding, you should consult your healthcare provider before using this product. Magnesium should be used cautiously in individuals with reduced kidney function due to an increased risk of hypermagnesemia. Discontinue use and consult your healthcare provider if you experience diarrhea, abdominal cramping or discomfort. If you are currently taking monoamine oxidase inhibitors (MAOI) or angiotensin converting enzyme (ACE) inhibitors, you should not use this product. If you have phenylketonuria (PKU), high blood pressure, thyroid disease/Graves' disease, schizophrenia or bipolar disorder, you should not use this product.