

Basic Five Weekly Check List

Name: _____ Total Points: _____ Week Beginning (SAT) _____

Week Ending (FRI) _____

1. Listen to one audio per day: (1pt per day, max points 5)

SUN MON TUE WED THU FR SAT

2. Read 20-30 minutes per day: (1pt per day, max points 5)

SUN MON TUE WED THU FRI SAT

3. Read goal statement 2 times per day: (1pt per day, max points 5)

SUN MON TUE WED THU FRI SAT

4. Sell 1 product per week to a new customer: (5 points)

Name: _____ Date: _____ Products: _____

Order from one partner store on shop.com

Name of partner store: _____ Date: _____

5. Show the plan to one personal prospect per week: (5 points)

Name: _____ Next Step: _____

6. Follow up 1 time per week: (5 points)

Name: _____ Next Step: _____

7. Attend 1-2 meetings per week: (5 points)

Date: _____ Location: _____ Meeting Type: _____

Date: _____ Location: _____ Meeting Type: _____

8. Positive out loud verbal projections 50-100 times per day:

(1 points per day. 5 Max points)

Weekly Volume Generated:

BV

IBV (customer and personal orders)

Business "high":

Business "Low":

Goal for next week:

Bonus (Tickets sold, NMTSS and SABP bonus achieved, call workshops, etc):

	SUN	MON	TUE	WED	THU	FRI	SAT
5:30 am							
6:00 am							
6:30 am							
7:00 am							
7:30 am							
8:00 am							
8:30 am							
9:00 am							
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5:00 pm							
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6:00 pm							
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8:00 pm							
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9:00 pm							
9:30 pm							